

Welcome to the „Run of the Alps“

The Glacier 3000 Run is a unique race course in the midst of a beautiful alpine setting, making it a true challenge for all participants. Beginning in the mountain village of Gstaad at 1'050 meters above sea level, the course continues along meadows, through a hilly area at the foot of the Alps and then goes all the way up to the ice and snow at Glacier 3000 (at almost 3'000 meters).

The first part of the race is in a rather flat area before it begins to get steep. This change is reflected in the varying running surfaces. At first the race is on asphalt, then on a gravel road followed by soft forest trails, as you head toward Feutersoey, Gsteig and Reusch (changing area). From there, the trail follows a cart track up to Oldenegg, then it goes up a mountain trail to the cable car middle station Cabane and thereafter it continues on up the mountain. The last few hundred meters to the finish line are on the snow and ice of the Tsanfleuron Glacier.

Based on the motto, “the path is the goal”, each runner who crosses the finish line is a winner who can be proud of his/her athletic achievement.

Our goal is to establish the Glacier 3000 Run as a top event among runners. The success of our first race in August 2008 showed us that we are on the right track. We had over 450 runners cross the finish line, good weather conditions and lots of positive feedback from race participants.

Naturally, this motivated us to put together another top race event for this year. We hope that many of you will join us again for our “Run of the Alps” and that we will also have many new participants, as well as all the spectators to cheer on the runners.

We look forward to welcoming you to our exciting race event - the 2nd Glacier 3000 Run - on August 8th, 2009 in the Gstaad-Glacier 3000 area!

OC Glacier 3000 Run

Bernhard Tschannen, President